



Main menu table for April 10th to 21st. Columns include date, meal name, and nutritional information. Includes callouts for '13日 まほろばの日' and '19日 食育の日'.

Main menu table for April 24th to 28th. Columns include date, meal name, and nutritional information. Includes callout for '適量給食'.

Informational section titled '《配布献立表の見方》' (How to read the menu distribution table). It explains the 'Maboroshi no Hi' (Maboroshi Day) mark, the 'Shokugyo no Hi' (Food Education Day) on April 19th, and provides instructions on how to read the nutritional information on the menu cards.

あ:あかいろのたべもの...からだをつくるもとなるもの き:きいろのたべもの...ねつやちからになるもの み:みどりいろのたべもの...からだのちようしをととのえるもの