

Main menu table for June, including columns for days of the week (1日 to 15日), food items, and their quantities. Includes a '献立名' column and a '材料名および使用量' column.

Second menu table for June, including columns for days of the week (16日 to 30日), food items, and their quantities. Includes a '献立名' column and a '材料名および使用量' column.

Informational section at the bottom containing: 6つの基礎食品群 (6 food groups), 6月分栄養素等平均摂取量 (Average nutrient intake for June), 地理的表示保護制度 (GI) (Geographical Indication Protection System), and 今月の地産地消 (Local production and consumption for this month).