

# Map of evacuation points and clinics (universal guide for foreigners)

～Niizawa(にいざわ 新沢) District～

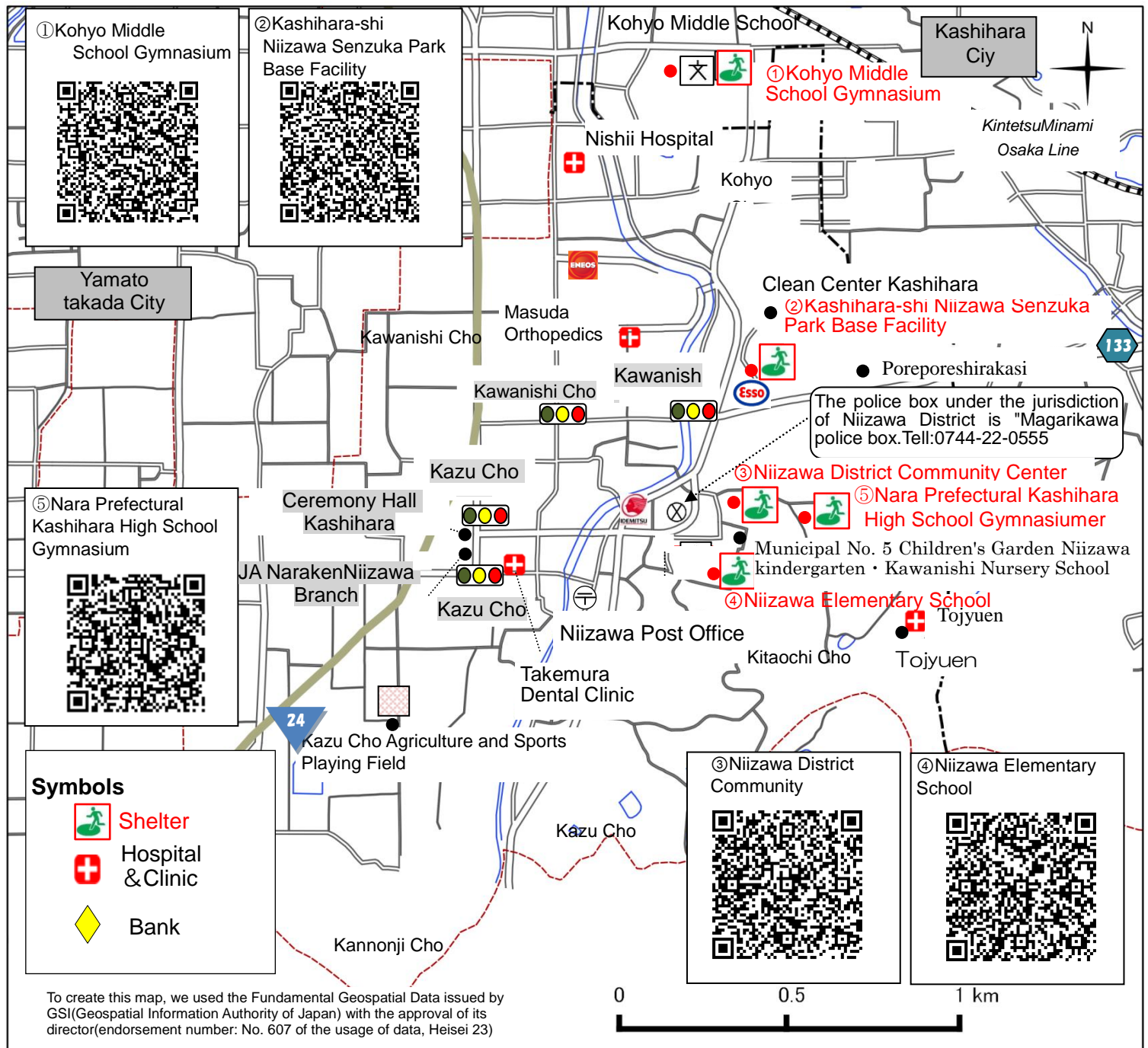
English ( えいご 英語 )



Kashihara-shi

# Map of evacuation points and clinics (universal guide for foreigners)

## ～Niizawa(新沢) District～



### 《Shelters in Niizawa District》

① Kohyo Middle School Gymnasium	20 Furukawa	Phone 0744-27-1241	Capacity of 618
② Kashiwara-shi Niizawa Senzuka Park Base Facility	855-1 Kawanishi	Phone 0744-26-6201	Capacity of 313
③ Niizawa District Community Center	611 Kawanishi	Phone 0744-28-2429	Capacity of 149
④ Niizawa Elementary School Gymnasium	1296 Kazu	Phone 0744-27-4163	Capacity of 386
⑤ Nara Prefectural Kashiwara High School Gymnasium	282 Kitocho-cho	Phone 0744-27-8282	Capacity of 818

# Hospital and Clinics in Niizawa District



たけむらしかいいん  
竹村歯科医院

**Takemura Dental Clinic**

357-3 Kazu, Kashihara City

Phone:0744-27-3680

Services:Dentistry, Pediatric  
Dentistry



にしいくりにっく  
西井クリニック

**Nishii Clinic**

100-21 Kohyo, Kashihara City

Phone:0744-26-6815

Services:Family Practice,  
Cardiology, Surgery Digestive organ  
department,Allergy department,  
Smoking Cessation Outpatient clinic



とうじゅえん  
桃寿園

**Tojyuen**

345Kitaochi Cho, Kashihara City

Phone:0744-27-7260

Services: Internal Medicine,  
Neuropsychiatry, Surgery, Rehabilitation,



ますだせいけいげか  
増田整形外科

**Masuda Orthopedics Clinic**

159-1 Kawanishi, Kashihara City

Phone:0744-27-8101

Services:Surgery, Orthopedics, Radiology,  
Surgery, Rehabilitation

※Because the contents mentioned above may have a change, please check exact consultation hours and Specialities by the homepage, telephone, etc. of a direct medical institution.

# Emergency Contact Numbers



**Ambulance,  
Fire Engine**

**1 1 9**



**Police**

**1 1 0**

**Kashihara City Hall**

**0744-22-4001**

## Disaster Message Exchange Dial

You can leave a voice-mail to your family or a friend if a disaster prevent you from making a contact with them. They can also use this voice-mail service, even from the outside of a disaster zone.

### Example

Record Dial 171 and press 1, followed by your home phone number. Start recording.

Dial 171 and press 2, followed by the home phone number you want to reach. Start playing.

## Mobile Phone and Internet Disaster

### Message Board Service

Disaster victims can use a text-message service with a mobile phone or a computer.

### Example

You can record a message or check messages for you at the following pages:

MENU (Docomo), Top Menu (au), Yahoo! KEITAI Top Menu (Softbank Mobile) eat.



# Survival Kit List

Valuables and Copies of ID	Emergency Food		Communication	Light
<input type="checkbox"/> credit cards	<input type="checkbox"/> dry biscuits	<input type="checkbox"/> mineral water	<input type="checkbox"/> a portable radio	<input type="checkbox"/> a flashlight
<input type="checkbox"/> cash	<input type="checkbox"/> canned foods	<input type="checkbox"/> disposable eating implements		
<input type="checkbox"/> Copy of driver's license	<input type="checkbox"/> nutritional supplements	<input type="checkbox"/> a can opener	<input type="checkbox"/> a standby battery	<input type="checkbox"/> a standby battery
<input type="checkbox"/> a copy of driver's license	<input type="checkbox"/> dried foods			
First-Aid	Other Items		Stockpile List	
<input type="checkbox"/> band-aid	<input type="checkbox"/> underwear	<input type="checkbox"/> Tissues	<input type="checkbox"/> drinking water	<input type="checkbox"/> a plastic sheet
<input type="checkbox"/> an antibiotic ointment	<input type="checkbox"/> thick cotton gloves	<input type="checkbox"/> Rainwear	<input type="checkbox"/> food	<input type="checkbox"/> Plastic container
<input type="checkbox"/> bandages	<input type="checkbox"/> towels	<input type="checkbox"/> Lighter	<input type="checkbox"/> disposable eating implements	<input type="checkbox"/> a table-top cooking stove
<input type="checkbox"/> an antiseptic spray		<input type="checkbox"/> Plastic bags	<input type="checkbox"/> blankets	<input type="checkbox"/> disposable heat pads

# Disaster Memo



Please complete in advance

Name				Address		
Nationality				Telephone Number	Home	
Birth date		Blood Type			Mobile	
Passport Number				Names of People Living in the Same House		
Japanese Friend	Name			Home Country	Name	
	Telephone Number				Telephone Number	

★Memo★

Please devise an evacuation plan with your family before a disaster strikes

《Kashihara Fire Station to the  
Nara -Kouiki Fire-Fighting Headquarters》  
149-3 Jimeiji-cho,Kashihara City  
Phone : 0744-22-0119

《Kashihara police station》  
618-1 Shijyou-cho,Kashihara City  
Phone : 0744-23-0110

## 《Night Time Emergency Clinics in Kashihara City》

Health and Welfare Center: 9-1 Unebi, 634-0065  
Phone 0744-22-9683

## 《Emergency consultation number》

Push tone telephone / Cell phone Phone #7119  
Dial tone telephone/ IP telephone Phone 0744-20-0119

## 《Emergency consultation number for child safety》

Push tone telephone / Cell phone Phone #8000  
Dial tone telephone/ IP telephone Phone 0742-20-8119



Clinical department	Consultation hour	Mon	Tue	Wed	Thu	Fri	Sat	Sun ,Holiday, August 15, December30 through January 4th
Internal Medicine	21:30~0:00 a.m.	○	○	○	○	○	○	
	10:00~noon							○
	13:00~0:00 a.m.							○
Pediatrics	21:30~6:00 the next morning	○	○	○	○	○	○	
	10:00~noon							○
	13:00 ~ 6: 00 the next morning							○
dentistry	10:00~noon							○
	13:00~21:00							○

がいこくじんしえん ひなんじょ いりょうきかん まっぶ  
**外国人支援のための避難所・医療機関マップ**  
 2013年3月発行・2019年3月改定  
 はっこう かしはらし  
**発行 橿原市**