

# Map of evacuation points and clinics (universal guide for foreigners)

～Masuga (真菅) District～

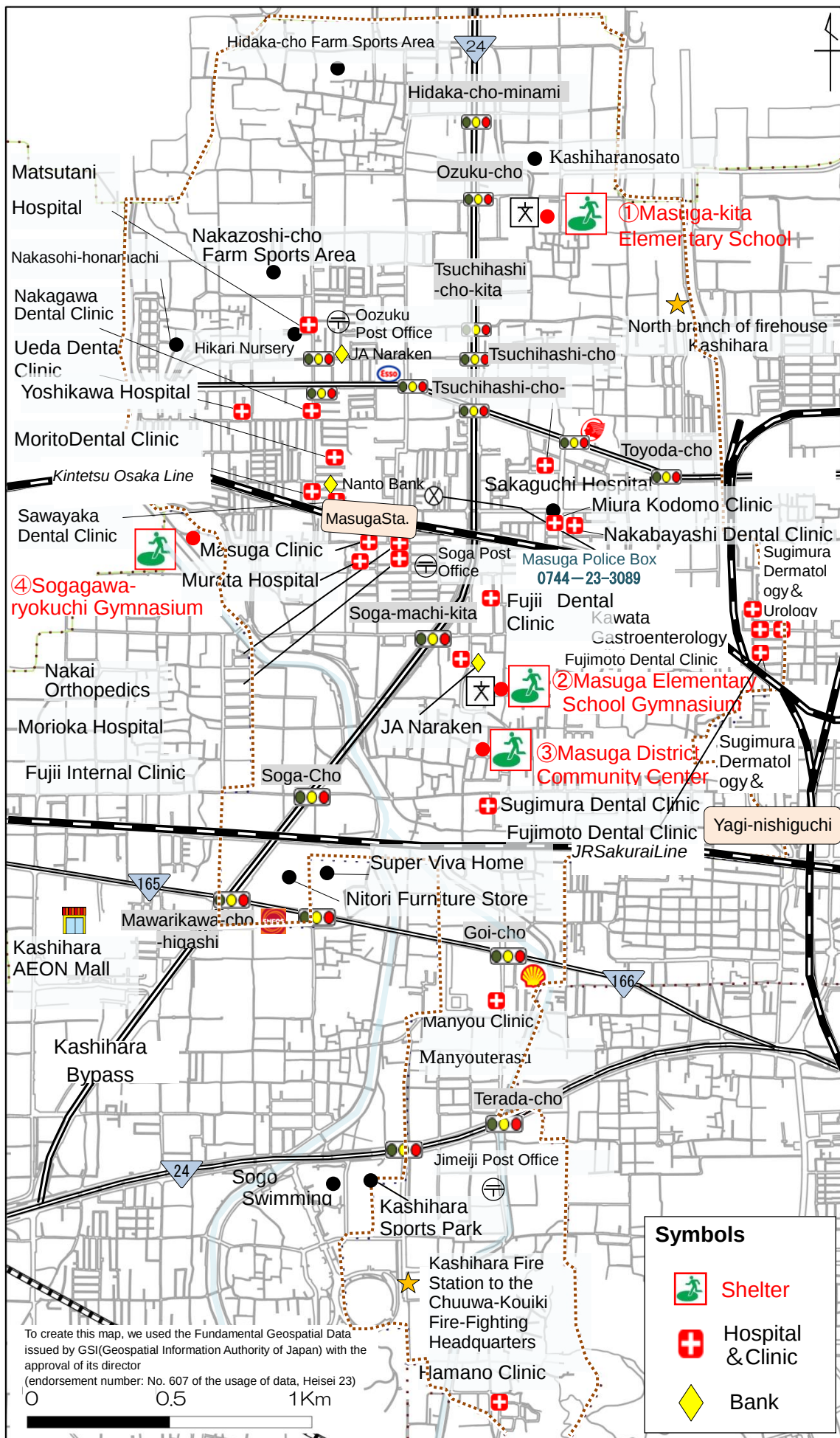
English (英語)



Kashihara-shi

# Map of evacuation points and clinics (universal guide for foreigners)

## 〜Masuga (真菅) District〜



① Masuga-kita Elementary School Gymnasium  
Address : Ogaki-cho 220-1  
Phone : 0744-23-6470  
Capacity : 389



\* District Shelter

② Masuga Elementary School Gymnasium  
Address : Soga-cho 710  
Phone : 0744-22-6300  
Capacity : 387



\* District Shelter

③ Masuga District Community Center  
Address : Soga-cho 1281-18  
Phone : 0744-29-9123  
Capacity : 202



\* District Shelter

④ Sogagawa-ryokuchi Gymnasium  
Address : Soga-cho 1212  
Phone : 0744-25-2511  
Capacity : 982



\* District Shelter

# List of Hospitals and Clinics in Masuga(真菅) District



うえだ し かい いん  
植田歯科医院

**Ueda Dental Clinic**

316-7 Nakazoshi-cho, Kashihara City

Phone: 0744-24-4730

Services: Dental,



かわたい しょうかい いん  
河田胃腸科医院

**Kawata Gastroenterology Clinic**

328-2 Jio-cho Kashihara City

Phone: 0744-22-5310

Services: Gastroenterology,  
Internal Medicine, Pediatrics, Radiology,  
Smoking Cessation Outpatient clinic



さかぐち くり に っ く  
阪口クリニック

**Sakaguchi Clinic**

521 Kitamyohouji-cho, Kashihara City

Phone: 0744-25-7272

Services: Internal Medicine,  
Gastroenterology, Gastroenterology,  
Surgery, proctology



さわやか し かい  
さわやか歯科

**Sawayaka Dental Clinic**

191-14 Nakazoshi-cho, Kashihara City

Phone: 0744-29-5466

Services: Dental, Cosmetic  
Dentistry, Pediatric Dentistry



すぎむら し かい いん  
杉村歯科医院

**Sugimura Dental Clinic**

482 Soga-cho, Kashihara City

Phone: 0744-22-2564-

Services: Dental



すぎむら ひ ふ ひ によ う き か  
杉村皮膚泌尿器科

**Sugimura Dermatology & Urology Clinic**

334 Jio-cho Kashihara City

Phone: 0744-22-9694

Services: Dermatology,  
Venereology, Urology



なか い せい け い げ か  
中井整形外科

**Nakai Orthopedics Clinic**

1053-1 Soga-cho, Kashihara City

Phone: 0744-21-7502

Services: Rheumatology, Orthopedics  
Rehabilitation



なか が わ し かい くり に っ く  
仲川歯科クリニック

**Nakagawa Dental Clinic**

150-2 Nakazoshi-cho, Kashihara City

Bellshatou Uomasa 1F

Phone: 0744-23-6474

Services: Dental



なかばやし し かい いん  
中林歯科医院

**Nakabayashi Dental Clinic**

647 Kitamyohouji-cho, Kashihara City

Phone: 0744-21-6480

Services: Dental, Pediatric,  
Dentistry, Oral surgery



はま の くり に っ く  
浜野クリニック

**Hamano Clinic**

82-18 Otani-cho, Kashihara City

Phone: 0744-23-6367

Services: Surgery,  
Internal Medicine, Urology, Artificial  
dialysis, Dialysis,



ふじ い し かい いん  
藤井歯科医院

**Fujii Dental Clinic**

805-5 Soga-cho, Kashihara City

Phone: 0744-24-7498

Services: Dental, Pediatric Dentistry,



ふじ い ない かい いん  
ふじい内科医院

**Fujii Internal Clinic**

849-3 Soga-cho, Kashihara City

Phone: 0744-22-2427

Services: Internal Medicine,



ふじもと し か い い ん  
藤本歯科医院

**Fujimoto Dental Clinic**  
334-12 Jio-cho Kashihara City  
Phone:0744-23-5301  
Services:Dental



しんりょうじよ  
ますが診療所

**Masuga Clinic**  
1063-6 Soga-cho,Kashihara City  
Lasa-ka jikou  
Phone:0744-26-0500  
Services:Internal Medicine, Dermatology,  
Anesthesiology, Smoking Cessation  
Outpatient clinic



まつたに い い ん  
松谷医院

**Matsutani Clinic**  
59-4 Nakazoshi-cho,Kashihara City  
Phone:0744-29-1180  
Services:Internal Medicine,  
Gastroenterology, Surgery, proctology,  
rehabilitation



まんようくり に っ く  
万葉クリニック

**Manyou Clinic**  
247 Goi-cho,Kashihara City  
Phone:0744-26-2884  
Services: Internal Medicine,  
Neuropsychiatry , Psychosomatic,  
Medicine Dermatology, Dental



みうら こども クリニック

**Miura Kodomo Clinic**  
569 Kitamyohouji,Kashihara City  
Phone:0744-47-2206  
Services:Pediatrics, Allergy



むらた い い ん  
村田医院

**Murata Hospital**  
1045-25 Soga-cho,Kashihara City  
Phone:0744-24-4838  
Services:Internal Medicine, Surgery,  
Orthopedics, Pediatrics, Gastroenterology  
Radiology ,Anesthesiology, Smoking  
Cessation Outpatient clinic



もりおか い い ん  
森岡医院

**Morioka Hospital**  
92-1 Soga-cho,Kashihara City  
Phone:0744-22-4199  
Services:Ophthalmology



もり と し か  
もりと歯科

**Morito Dental Clinic**  
197-11 Nakazoshi-cho,Kashihara City  
Phone:0744-24-3123  
Services:Dental, Pediatric Dentistry,



もりもと し か い い ん  
森本歯科医院

**Morimoto Dental Clinic**  
331-3 Jio-choKashihara City  
Phone:0744-24-2062  
Services:Dental



よしかわ い い ん  
吉川医院

**Yoshikawa Clinic**  
175 Nakazoshi-cho,Kashihara City  
Phone:0744-22-0174  
Services:Internal Medicine,  
Allergy,Rehabilitation, Pediatrics,  
Radiology, Smoking Cessation  
Outpatient clinic

※Because the contents mentioned above may have a change, please check exact consultation hours and Specialities by the homepage, telephone, etc. of a direct medical institution.

# Emergency Contact Numbers



Ambulance,  
Fire Engine

1 1 9



Police

1 1 0

Kashihara City Hall

0744-22-4001

## Disaster Message Exchange Dial

You can leave a voice-mail to your family or a friend if a disaster prevent you from making a contact with them. They can also use this voice-mail service, even from the outside of a disaster zone.

### Example

Record Dial 171 and press 1, followed by your home phone number. Start recording.

Dial 171 and press 2, followed by the home phone number you want to reach. Start playing.

## Mobile Phone and Internet Disaster Message Board Service

### Example

You can record a message or check messages for you at the following pages:

MENU (Docomo), Top Menu (au), Yahoo! KEITAI Top Menu (Softbank Mobile) eat.



# Survival Kit List

| Valuables and Copies of ID                          | Emergency Food                                   |                                                       | Communication                                         | Light                                              |
|-----------------------------------------------------|--------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> credit cards               | <input type="checkbox"/> dry biscuits            | <input type="checkbox"/> mineral water                | <input type="checkbox"/> a portable radio             | <input type="checkbox"/> a flashlight              |
| <input type="checkbox"/> cash                       | <input type="checkbox"/> canned foods            | <input type="checkbox"/> disposable eating implements |                                                       |                                                    |
| <input type="checkbox"/> Copy of driver's license   | <input type="checkbox"/> nutritional supplements | <input type="checkbox"/> a can opener                 | <input type="checkbox"/> a standby battery            | <input type="checkbox"/> a standby battery         |
| <input type="checkbox"/> a copy of driver's license | <input type="checkbox"/> dried foods             |                                                       |                                                       |                                                    |
| First-Aid                                           | Other Items                                      |                                                       | Stockpile List                                        |                                                    |
| <input type="checkbox"/> band-aid                   | <input type="checkbox"/> underwear               | <input type="checkbox"/> Tissues                      | <input type="checkbox"/> drinking water               | <input type="checkbox"/> a plastic sheet           |
| <input type="checkbox"/> an antibiotic ointment     | <input type="checkbox"/> thick cotton gloves     | <input type="checkbox"/> Rainwear                     | <input type="checkbox"/> food                         | <input type="checkbox"/> Plastic container         |
| <input type="checkbox"/> bandages                   | <input type="checkbox"/> towels                  | <input type="checkbox"/> Lighter                      | <input type="checkbox"/> disposable eating implements | <input type="checkbox"/> a table-top cooking stove |
| <input type="checkbox"/> an antiseptic spray        |                                                  | <input type="checkbox"/> Plastic bags                 | <input type="checkbox"/> blankets                     | <input type="checkbox"/> disposable heat pads      |

# Disaster Memo



Please complete in advance

|                 |                  |            |  |                                          |                  |  |  |
|-----------------|------------------|------------|--|------------------------------------------|------------------|--|--|
| Name            |                  |            |  | Address                                  |                  |  |  |
| Nationality     |                  |            |  | Telephone Number                         | Home             |  |  |
| Birth date      |                  | Blood Type |  |                                          | Mobile           |  |  |
| Passport Number |                  |            |  | Names of People Living in the Same House |                  |  |  |
| Japanese Friend | Name             |            |  | Home Country                             | Name             |  |  |
|                 | Telephone Number |            |  |                                          | Telephone Number |  |  |

★Memo★

Please devise an evacuation plan with your family before a disaster strikes

《Kashihara Fire Station to the  
Nara -Kouiki Fire-Fighting Headquarters》  
149-3 Jimeiji-cho,Kashihara City  
Phone : 0744-22-0119

《Kashihara police station》  
618-1 Shijyou-cho,Kashihara City  
Phone : 0744-23-0110

## 《Night Time Emergency Clinics in Kashihara City》

Health and Welfare Center: 9-1 Unebi, 634-0065  
Phone 0744-22-9683

## 《Emergency consultation number》

Push tone telephone / Cell phone Phone #7119  
Dial tone telephone/ IP telephone Phone 0744-20-0119

## 《Emergency consultation number for child safety》

Push tone telephone / Cell phone Phone #8000  
Dial tone telephone/ IP telephone Phone 0742-20-8119



| Clinical department | Consultation hour              | Mon | Tue | Wed | Thu | Fri | Sat | Sun ,Holiday, August 15, December30 through January 4th |
|---------------------|--------------------------------|-----|-----|-----|-----|-----|-----|---------------------------------------------------------|
| Internal Medicine   | 21:30~0:00 a.m.                | ○   | ○   | ○   | ○   | ○   | ○   |                                                         |
|                     | 10:00~noon                     |     |     |     |     |     |     | ○                                                       |
|                     | 13:00~0:00 a.m.                |     |     |     |     |     |     | ○                                                       |
| Pediatrics          | 21:30~6:00 the next morning    | ○   | ○   | ○   | ○   | ○   | ○   |                                                         |
|                     | 10:00~noon                     |     |     |     |     |     |     | ○                                                       |
|                     | 13:00 ~ 6: 00 the next morning |     |     |     |     |     |     | ○                                                       |
| dentistry           | 10:00~noon                     |     |     |     |     |     |     | ○                                                       |
|                     | 13:00~21:00                    |     |     |     |     |     |     | ○                                                       |

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